



2nd Biennial Conference Of MENOPAUSE SOCIETY OF NEPAL (MESON) 2018

THEME TOPIC MID LIFE AND BEYOND

Venue: Hotel Shanker,
Lazimpat, Kathmandu, Nepal
Date: 29 September 2018

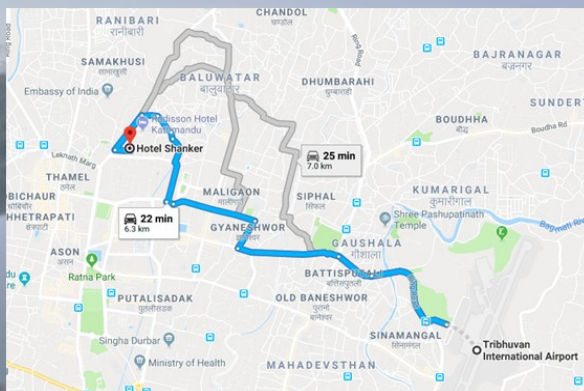
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INVITATION

Respected Friends and Esteemed Colleagues,
MESON announces its biennial conference on the 29th September of 2018. We appeal to all fraternity members to participate in this conference. The issues covered range from the Basics of OBGYN to its sub-specializations focused especially on menopause and andropause. A key addition at this conference is the introduction of the theme topic – **MID LIFE AND BEYOND**.

Distance from Kathmandu Airport to Hotel Shanker is about 6-7 kilometers and takes about 20-25 minutes by cab. The average weather of Kathmandu in September will be 23°C (73°F) and ranges from 19°C (66°F) to 26 °C (79°F). Places to visit in Nepal: Pokhara, the city of lakes and view of Fishtail Mountain– Machhapuchhre (200Km from Kathmandu, 25 minutes by air). Sauraha, Chitwan– national park, similar distance. Dhulikhel and Nagarkot nearby Kathmandu.



Registration	National delegates	International delegates
Regular Registration	Rs 4000	\$75 (SAARC)
Late/Spot Registration (From 15 September 2018)	Rs 5000	\$100 (Beyond SAARC)
Accompanying participant	Rs 3000	\$45
PG Resident Doctors	Rs 3000	

ABSTRACT:

Last Date for abstract submission: **August 31st, 2018**

- Abstract covering all aspects of Menopause, Andropause, Reproductive endocrinology, Obstetrics and Gynecology. Priority will be given to the papers on theme topic.
- First author or the authorized author should be the presenting author.
- Text should be no more than 300 words.
- Please send unformatted text.
- Only electronic form will be accepted.
 - Abstract can be submitted through email at mesonofnepal@gmail.com

POSTER PRESENTATION:

- Prepare a poster size 120 x 90 cm.
- Title: should be brief informative and readable.
- Size of character: clear, distinct description and diagrams in large characters (larger than 18mm x 18mm) to ensure that they are legible from a distance.
- Table, diagram and photographs: keep simple, eligible legends and labels.
- Sequence: indicate clearly either by numbers, arrows or lines the order in which the poster is to be read. List conclusion at the end.

Executive Committee (2016-2018):

President: Dr Sushila Shrestha
Immediate Past President: Dr Swaraj Rajbhandari
President Elect: Dr Achala Vaidya
Vice president: Dr Kesang Diki Bista
General Secretary: Dr Chanda Srivastav
Joint Secretary: Dr Bandana Gurung
Treasurer: Dr Rangina Laikakambang
Scientific Secretary: Dr Meena Jha
Jt Scientific Secretary: Dr Beemba Shakya
Members: Dr Veena Rani Srivastav, Dr Madhu Shrestha, Dr Gehanath Baral, Dr Ganesh Dangal, Dr Usha Shrestha

Note: Mountain flight to view Mount Everest and Himalayan Range requires Passport for foreign nationals. Boarding from Domestic airport in Kathmandu. Hotel accommodation and registration fee is to be paid by participant.

Organizing Committees:

Organizing Chairperson : Dr Sanu Maiya Dali
Organizing Secretary : Dr Kesang Diki Bista

Organizing Sub-committees:

Scientific Committee

Chairperson : Dr Neebha Ojha
Co- Chair : Dr Gehanath Baral, Dr Beemba Shakya
Members : Dr Kirtipal Subedi
: Dr Manisha Bajracharya
: Dr Snigdha Rai
: Dr Neeta Katuwal

Souvenir Committee

Chairperson : Dr Madhu Tumbahanmphe
Co- Chair : Dr Ganesh Dangal, Dr Meena Jha
Members : Dr Rumina Malla
: Dr Kumkum Jha
: Dr Astha Shrestha

Finance Committee

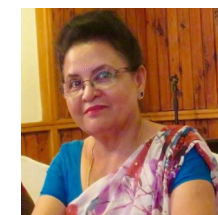
Chairperson : Dr Devi Gurung
Co-Chair : Dr Bina Basnet, Dr Jyoti Agrawal
Members : Dr Jyotsna Sharma
: Dr Jyoti Neupane Limbu
: Dr Anshu Mala Joshi

Cultural committee

Chairperson : Dr Bimala Malla
Co- Chair : Dr Smrity Maskey, Dr Minaxi Thakur

Registration and Publicity Committee

Chairperson : Dr Veena Rani Srivastav
Co- Chair : Dr Madhu Shrestha, Dr Biloni Vaidya, Dr Usha Khand



Dr. Sushila Shrestha
President



Dr. Chanda Srivastav
General Secretary



Dr Sanu Maiya Dali
Organizing Chairperson



Dr Kesang Diki Bista
Organizing Secretary